## Summer 1: Growing Up

## **Key Vocabulary**

baby, toddler, child, teenager, adult, teeth, dentist, exercise, healthy, unhealthy, touch, taste, hear, smell, sight, life cycle, grow, change, eggs, mammals, plant, stem, root, petals, water, sunlight, oxygen, breathe, reproduce



Prior Knowledge	What's Next?
<ul> <li>Plant seeds and care for growing plants.</li> </ul>	Science
•Understand the key features of the life cycle of a	Year 1 Animals Including Humans
plant and an animal.	Year 1 Working Scientifically
Begin to understand the need to respect and care	Year 1 Plants
for the natural environment and all living things.	PSHE
Make healthy choices about food, drink, exercise	Year 1 Health and Wellbeing
and toothbrushing.	

Key knowledge I need to understand	Key Questions	
<ol> <li>The stages of human, animal and plant life cycles.</li> </ol>	What are the names of some baby animals e.g. lamb, chick? What are the stages of a human/animal/plant life cycle called?	
<ol><li>The conditions needed for animal and plant growth and survival.</li></ol>	What could I do when I was a baby? What can I do now, that I couldn't do when I was a baby? How can I keep myself healthy?	
3. The importance of a human healthy lifestyle.	What are my senses and how do I use them? What do animals and plants need, to stay alive?	
<ol> <li>The meaning of the key vocabulary used to describe animal and plant growth.</li> </ol>		
How will I show what I have learned?		

I can describe how animals, including humans, and plants grow and change and the conditions they need to survive.

I know about my body, and I can make healthy choices to keep fit and well.

I can plant seeds and care for growing plants.

Launch	Boost	Destination
Visit to Hill Top Farm	'Healthy Me' day (activities to	Planting day with Mrs Brining
	support learning about exercise,	
	healthy food and teeth, sleep,	
	and a healthy mind)	

Learning experiences to include:		
Communication and language	Literacy	
Learn life cycle rhymes and songs	Order and describe life cycles	
Use story language to re-enact stories and retell	List of the Hungry Caterpillar's food	
events	Use Talk 4 Writing to learn the story of Jack and the	
Hot seating	Beanstalk	
Using props from stories to re-tell them	Order and retell the Jack and the Beanstalk story	
Baby clinic/garden centre role play	Speech bubbles	
Ask questions to find out more about stories and	Write descriptions of plants	
facts	Label body and plant parts	
Mathematics	Understanding the World	
Measures – stems, body parts	Baby photos- who is who?	
Days of the week	Explore change over time – caterpillars, plants	
Sequencing and routines	Investigate, e.g. where do plants grow best?	
Sorting seeds	Family traditions: What happens in your house,	
Patterns in nature, including symmetrical ones	e.g., on birthdays? What is the same/different	
	about our lives? – e.g. brothers/pets/two dads	
Personal, Social and Emotional Development	Expressive Arts & Design	
Healthy choices about food/teeth/sleep/hygiene	Paper chain figures	
Sort healthy/unhealthy foods	Design own butterfly	
Make a healthy snack, e.g. fruit kebab	Draw plants	
Grow and care for plants	Seed pictures	
Care for the animals around us, e.g. minibeasts,	Fruit printing	
birds	Self portraits	
	Collage animals at different stages of their life cycle	
Physical Development		
Exercise for health – keeping fit indoors and out		
Yoga and GoNoodle for mindful exercise		